

**LONE ROCK SCHOOL ADULT EDUCATION
Winter Classes 2012**

Gardening 101

8 Hours/4 Weeks Tues. January 17 6:30 to 8:30 pm

Fee: \$25:00

Instructor: Nancy Maruska

Need information about vegetable and flower gardening in the Bitterroot Valley? For beginning gardeners to experienced gardeners new to the area.

Perennial All – Stars

8 Hours/4 Weeks Tues. February 14 6:30 to 8:30 pm

Fee: \$25.00

Instructor: Nancy Maruska

Learn about great perennial choices for your flower beds and borders. Care, pruning, propagating and some design concepts included.

Landscape/Garden Design

8 Hours/4 Weeks Tues. March 13 6:30 to 8:30 pm

Fee: \$35.00

Instructor: Nancy Maruska

Design your home landscape to suit not only your yard but the environment of our Bitterroot Valley. When you garden where you live, the plants you use will flourish in the conditions that your garden can naturally offer them.

Get Your Greenhouse Ready

? Hours/1 Week Sat. April 7 10:00 am - ?

Fee: \$10:00

Instructor : Nancy Maruska

One day seminar at Cottage Garden Greenhouse. Learn the tricks to making your home greenhouse productive.

Keyboarding and Computer Basics

18 Hours/ 3 Weeks Tues & Thurs. Feb. 28 6:00 – 9:00 pm

Fee: \$25.00

Instructor: Stephanie D. Mapelli

Learn the fundamentals of computer typing by touch, Learn basic computer operations: using a mouse, creating and managing files, sending and receiving e-mails, attaching files to e-mails and basic internet searching. Become friends with your computer! **Availability of home practice a must!**

Microsoft Word Basics 2010

9 hours/3 Classes Tues. & Thur. Mar. 20 6:00 – 9:00 pm

Fee: \$25.00

Instructor: Stephanie D. Mapelli

Learn how to create professional documents using Microsoft Word. You will learn: formatting, how to use bullets and numbering, create tables, learn to navigate the Ribbon, and add pictures, graphics and shapes to your document. **Basic Computer and typing skills a must.** Bring your own laptop or bring a flash drive.

Microsoft Excel 2010 Basics

9 Hours/3 Classes Tues. & Thur. Mar. 29 6:00 – 9:00 pm

Fee: \$25.00

Instructor: Stephanie D. Mapelli

Explore the basics of spreadsheet functions. Learn short cuts to assist in data entry, how to create formulas, and basic formatting. Learn to print and how to manage a workbook, cross-sheet formulas viewing multiple sheets. Bring your own laptop or use one provided. **Basic computer knowledge a must!**

QuickBooks Basics

9 Hours/3 Classes Tues. & Thur. Apr. 10 6:00 – 9:00 pm

Fee: \$25.00

Instructor: Stephanie D Mapelli

A complete overview for setting up your business – chart of accounts, accounts receivable, accounts payable, bank reconciliation, memorizing reports/transactions. Will be taught on QuickBooks 2009 but the content applies to earlier versions and the instructor can speak on any version. First class will include a primer on essential accounting concepts and terminology. **Basic computer knowledge a must!**

Beginning Digital Camera

8 Hours/2 Week Wed. Jan 18 4:00 – 6:00 pm

Fee: \$\$ 20:00

Instructor: William Munoz

Learning the functions of digital cameras, introduction to basics of composition. Must own camera. This class will run the following week on Jan. 23, 24, and 25.

Rubber Stamping 101

? Hours/4 Weeks Tues. Jan 17 6:00 – ? pm.

Fee: \$25

Instructor: Wendy Jordan

Rubber stamping is a versital addition to greeting cards and scrapbook pages. In this class learn the many ways to enhance your stamps. At the end of this course you have eight completed cards and one scrapbook layout.

blog www.papertherapy-Wendy.blogspot.com

Dreamweaver Stenciling Techniques and Cards

? Hours/5 Weeks Wed. Jan. 18 6:00 –? pm

Fee: \$25.00

Instructor: Wendy Jordan

Each week a different stenciling technique will be taught and a project completed. At the end of the fifth week, students will have five completed greeting cards each with a beautiful technique. (blog www.papertherapy-Wendy.blogspot.com)

Scrapbook Cookbook/Recipe Book

? Hours/5 Weeks Wed. Feb. 22 6:00 - ? pm

Fee: \$25.00

Instructor: Wendy Jordan

Do you have favorite recipes that you'd like to put into a 6 x 6 scrapbook and pass on to family members? Let's make a cookbook with your recipes. At the end of this course you will have a 12 page scrapbook recipe book adorned to your liking.

blog www.papertherapy-Wendy.blogspot.com

Mini Album/Scrapbooking

5 Hours/2 Weeks Mon. Jan. 16 6:30 – 9:00 pm

Fee: \$10.00

Instructor: Jami Rodolph

In this class we will make a mini album to hold family photos. We will explore new items to use in scrapbooking as well as items you have in your house. Leave this class with a finished album. You need to bring scissors and adhesive.

jamirodolph.blogspot.com.

Fabric Flowers

2 Hours/1 Week Mon. Jan. 30 7:00 – 9:00 pm

Fee: \$10.00

Instructor: Jami Rodolph

Learn how to make beautiful fabric flowers using a variety of techniques. These flowers are great to add to your clothing, accessories and hair. You need a glue gun and glue sticks. jamirodolph.blogspot.com.

Scarf Making

2-3 Hours/1 Week Mon. Feb. 6 6:00 – 9:00 pm

Fee: \$10.00

Instructor: Jami Rodolph

Learn how to make three different scarves from T-shirts.

Card Making

4 Hours/ 2 Weeks Mon March 12 7:00 – 9:00 pm

Fee: \$12:00

Instructor: Jami Rodolph

In this course we will make ten cards. We will use a variety of techniques and materials. You need to bring a paper adhesive to this course, also scissor and paper trimmer. jamirodolph.blogspot.com.

Beginning Yoga

6 Hours 15 min/ 5 Weeks Tues. Jan. 17 6:30 – 7:45 pm
6 Hours 15 min/ 5 Weeks Tues. Feb. 21 6:30 – 7:45 pm

Fee: \$25.00

Instructor: Martha Piersma

Learn how the regular practice of yoga can bring you into balance and keep you healthy. Yoga is wonderful for relieving back pain, improving joint mobility and a great way to de-stress. Materials provided. Wear comfy clothes (sweats & shirts). If you have a mat please bring.

Intermediate Yoga

6 Hours 15 min/5 Weeks Thurs. Jan. 19 6:30 - 7:45 pm
6 Hours 15 min/5 Weeks Thurs. Feb. 23 6:30 – 7:45 pm

Fee: \$ 25.00

Instructor: Martha Piersma

Previous yoga experiences a must. You can expect flow arm balances & inversions in this class. Please bring mat & any other props you may have.

Can't Cut It!

3 Hours/1 Day Fri. Jan. 27 6:00 – 9:00 pm
6 Hours/1 Day Sat. Jan. 28 9:00 – 3:00 pm

Fee: \$25.00

Instructor: Pam Matter

Pattern is quick and easy. Large scale prints and scenes are perfect for this quilt. Will need a focus fabric and five coordinating fabric. Lap size to king – choose your size. These classes are two day sessions.

Energized!

3 Hours/1 Day	Fri	Feb. 17	6:00 – 9:00 pm
8 Hours/1 Day	Sat.	Feb. 25	9:00 – 5:00 pm

Fee: \$25.00

Instructor: Pam Matter

Working with the graduation of color – from light to dark in a single palette and the interplay of two different color families! These classes are two day sessions.

Materials: 38" x 44" = 14 Fat Quarter or "77 x 44" = 14 ½ yards

Blue Jean Lap Quilt

2 Hours/1 Day	Fri.	Mar. 2	6:00 – 8:00 pm
6 Hours/1 Day	Sat.	Mar. 3	9:00 - 3:00 pm

Fee: \$25.00

Instructor: Pam Matter

Use old blue jeans or other denim fabric to make a lap quilt using 6" squares. No seams to match when sewing top together! Backing of polar fleece & tying w/embroidery floss. These classes are two day sessions.

Woven Table Runner 16' x 45"

3 Hours/1 Day	Fri.	Mar. 23	6:00 – 9:00 pm
6 Hours/1 Day	Sat.	Mar. 24	9:00 - 3:00 pm

Fee: \$25.00

Instructor: Pam Matter

Woven - not pieced – table runner. These classes are two day sessions.

Baking More Than Just The Basics

8 Hours/4 Weeks	Tues.	Jan. 17	6:00 – 8:00 pm
8 Hours/4 Weeks	Tues.	Feb. 14	6:00 – 8:00 pm

Fee: \$20.00

Instructor: Evelyn Jennings

Learn to make desserts and dinners. Create meals you have always dreamed of creating.

Creative Writing

8 Hours/4 Weeks	Mon.	Jan. 16	6:00 – 8:00 pm
8 Hours/4 Weeks	Mon.	Feb. 13	6:00 – 8:00 pm

Fee: \$20.00

Instructor: Evelyn Jennings

Pull out the creative writer in you. This four week course will open your mind and writing to new and fun ideas. Learn to overcome writer's block by knowing where to find that sometimes elusive word that can light the fire at the beginning, middle, or end of your stories. Learn that practice doesn't have to be perfect and it can be fun.

Digital Photo Class

2 Hours/1Week	Mon.	January 23	7:00 to 9:00 pm
---------------	------	------------	-----------------

Fee: \$5.00

Instructor: Ruth Ann Kellogg

Learn how to organize and share the digital photos that are stacking up on your computer! We'll teach simple ways to sort, organize and edit your photos using Creative Memories Memory Manager software. Also included is a segment on photo book design and digital graphic. We'll focus on simple solutions.

Beginning Belly Dance

6 Hours/6 Weeks (1st Session)	Wed	January 18	7:00 - 8:00 pm
6 Hours/ 6Weeks (2 nd Session)	Wed.	February 29	7:00 - 8:00 pm

Fee: \$25.00 per session

Instructor: Debora Simmons

Belly Dancing is great exercise. Come join us and learn this ancient art form. This class will teach the basic movements and includes a choreographed dance routine to show students how to link individual movements together. Students should wear fitted exercise or dance apparel or similar clothes that permit viewing of body movement. Bare feet are preferred, but ballet/jazz shoes are permitted.

Zumba Fitness

6 Hours/6 Weeks	Sat.	Feb 4	9:00 – 10:00 am
-----------------	------	-------	-----------------

Fee: \$20.00

Instructor: Michelle Wilton

Zumba is Latin-inspired, easy-to-follow, calorie burning, dance and fitness party.

For more information about courses offered or to register by phone, please call Nancy Wandler at 777-3314 ext 211 or mail your registration to:

Lone Rock School
1112 Three Mile Creek Road
Stevensville, MT. 59870
Attention: Adult Education

All classes must be prepaid.